

“SERENDIPITY”

ERRANDS AND GROCERY SHOPPING: Wednesday: ShopRite. Please, no more than 4 plastic bags. Bank, library, hairdresser, etc. Call by Tuesday 4:00 PM to arrange for pickup.

PAAD AND SENIOR GOLD GUIDELINES FOR 2016: The maximum income for PAAD is \$26,574 for a single person and \$32,580 for a couple. The maximum for Senior Gold is \$37,070 for a single person and \$42,582 for a couple. We have applications at the office. Senior Gold recipients must have Part D.

UPCOMING EVENTS

- **\$ Spring Fling Sing Along: Friday, March 4th at 11:30; Josie Mescallado, will give a concert of pop classics, show tunes and some surprises. Join in your favorites. Pizza lunch, \$2.00 . Please reserve.**
 - **March 18, 12:00:Understanding Chiropractory and how it can improve your general health. Dr. Adele Burg will hold a discussion and answer questions on the benefits of the art of spinal manipulation.**
- \$ AARP Safe Driving course: Monday March 28, 9:00 to 3:30. Open to all. AARP members \$12.00, others \$14. Bring a bag lunch. Must pre-register.**

\$\$ GEORGE STREET PLAYHOUSE \$\$

The Off Broadway smash hit, Sex With Strangers , is coming to George Street. It is a comedy about modern day internet dating and the complications that ensue. March 24. Warning some nudity!! \$32. Lunch on your own. More details in March newsletter.

FISHES AND LOAVES CAFES

FISH, Inc. has started a program called Fishes and Loaves Café. There are two locations in Piscataway. They serve free homecooked meals once a month, a lunch and a dinner. All the food is prepared on the premises. The locations and times are: Fishes and Loaves Café, Christ Methodist Church, 485 Hoes Lane serves a lunch on the third Thursday each month from 11:00 to 1:00 in Fellowship Hall. No reservation.

The second café is at Our Lady of Fatima, 501 New Market St. serves a free dinner on the third Friday of the month from 5:00 to 7:00 in the school cafeteria. No reservation needed. Meals are provided free of charge to anyone in need of a good meal and fellowship.

VOLUNTEERS NEEDED

We want to start a Grocery Shop For Senior program to assist seniors who cannot get out to shop. We are looking for people who would be willing to assist. It would entail picking up a grocery list, coupons, money from an individual and filling the list at the store. Some people might need help in unpacking the groceries. If you are interested please call 7432-356-0414. We are in the very early stage of developing this program.

CAREGIVERS SUPPORT GROUP

The Caregivers Support Group meets on the last Wednesday of the month at 5:00 PM in the Rec Center. We have outside experts to provide information to ease the burden and stress of this responsibility. An important aspect of the group is sharing our concerns and giving each other support. If you are involved with any type of care of a loved one, join us. For info, 732-356-0414.

WE HAVE

SENIORITY

seniors@middlesexboro-nj.go

January-February 2016

732-356-0414

MISSION: TO PROMOTE INDEPENDENT LIVING

Volume 15

Located in Recreation Center at 1400 Mountain Avenue

Issue 1/2

PLEASE NOTE: “\$” INDICATES THERE IS A COST FOR THE ACTIVITY

HAPPY NEW YEAR FROM ALL OF US TO ALL OF YOU!!!

BEST WISHES TO OUR MAYORS

We say a fond farewell to Mayor Ron Dobies and thank him for over 30 years of service and friendship to our seniors and disabled. Good luck to him and Blanche.

Welcome to our new Mayor, Ron DiMura. We wish you much success in your new role.

INCOME TAX PREPARATION

The free income tax preparation program sponsored by AARP and VITA (Volunteer Income Tax Assistance) will begin on Tuesday, Feb. 2 and will continue until April 14. The tax people will be here on Tuesdays and Thursdays from 12:30 to 4:00. **YOU MUST HAVE AN APPOINTMENT.** Appointments can be made by calling our office at 732-356-0414. The program is open to all New Jersey residents, regardless of age, with the exception of the self employed. Taxpayers must bring all documents pertaining to income from all sources for 2014. * Please note: you must bring your Social Security card with you. This is a new requirement. Your Social Security benefit letter will no longer contain your entire SS number.

We also assist with PTR and Homestead Rebates when they become available.

\$ VALENTINE'S DAY WITH "DJ" MEL \$

We will hold our Annual Valentine's Party on Wed., Feb 10 at 11:30. Our favorite DJ, Mel from Be Our Guest will provide the entertainment. We will have box lunches from Boulevard Deli. You can chose ham, turkey or tuna. The cost is \$7.00 per person payable by Feb. 3.

SCAMS: PLEASE NOTE

There are two scams that are making the rounds in our area. **First: people are getting calls from the IRS claiming that the people owe the government money. THIS IS A SCAM.** The government will never call you unless they have first sent a letter. **Second: someone is contacting people and claiming that they owe money and will have their service disconnected. THIS IS A SCAM.** Ask for proper ID.

YOUR SMART PHONE CAN SAVE YOUR LIFE

Save your life and do other healthy things on your smart phone. A one time session with Jeanette Ash. You will be able to access the apps needed tto get started. Feb. 8, at 12:00.

DEPARTMENT OF SENIOR SERVICES

The Department of Senior Services is open to all residents of the borough aged 60 and over and members of their families and caregivers.

If you want to volunteer to help with the assembly of the newsletter, please call us at 732-356-0414. Thank you.

Senior Staff

Sheila Fuhrmann, Director

Sally Lynch, Admin. Asst.

Drivers

Tom Keane

Thomas Lynch

Laura Meixner

Bob Woodward

DONATION POLICY

The Dept. of Senior Services is funded in part by Federal Older Americans Act money. Under this act we are required to have a donation policy for the use of our vehicles. We suggest a donation of a dollar for a ride on the general transportation bus for errands and recreational trips. We suggest a donation of a dollar for a medical trip. No one will be denied transportation for not contributing.

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Dept. of Senior Services
1200 Mountain Ave.
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