

# **“SERENDIPITY”**

**ERRANDS AND GROCERY SHOPPING:** Wednesday: ShopRite. Please, no more than 4 plastic bags. Bank, library, hairdresser, etc. Call by Tuesday 4:00 PM to arrange for pickup.

**PAAD AND SENIOR GOLD GUIDELINES FOR 2015:** The maximum income for PAAD is \$26,574 for a single person and \$32,580 for a couple. The maximum for Senior Gold is \$37,070 for a single person and \$42,582 for a couple. We have applications at the office. Senior Gold recipients must have Part D.

## **ELECTRONIC DEVICES AND SOCIAL MEDIA**

We will hold a class in the use of social media on your electronic devices on the first Friday of every month. Class is at 12:00. Bring your smart phone, tablet or laptop. Limited seating. You must register. Call 732-356-0414.

## **PROPERTY TAX REIMBURSEMENT DEADLINE EXTENDED**

The new deadline is Oct. 15. To be eligible you must have owned and lived in your home for 3 years, have been 65 since December 31, 2013 and have had an income under \$84,289 in 2013 and \$85,553 in 2014. The state budget will determine the level of income that will be considered for actual reimbursement. We have PTR 1 application forms.

## **REVERSE MORTGAGES**

Roger Sanchez, Vice President of Operations for Cenmark Mortgage Co., will give a presentation on Reverse Mortgages on Friday, September 18 at 11:30. Mr. Sanchez will discuss the pros and cons and will answer all questions. Cenmark is a local Middlesex company. Please let us know if you plan to attend.

## **UPCOMING EVENTS**

Hunterdon Hills Holiday Show , Thurs. Nov. 5. Cost: \$ 68.50. Deposit of \$15 by Sept. 14. Balance by October 15.

George Street Playhouse: Thurs. Nov. 19, a drama, “My Name Is Asher Lev”. \$32.00 Pay by Oct. 21

## **CAREGIVERS SUPPORT GROUP**

The Caregivers Support Group meets on the last Wednesday of the month at 5:00 PM in the Rec Center. We have outside experts to provide information to ease the burden and stress of this responsibility. An important aspect of the group is sharing our concerns and giving each other support. If you are involved with any type of care of a loved one, join us. For info, 732-356-0414. The next meeting will be on July 29 at 5:00 PM.

## **\$ MOVIE AND PIZZA AT THE DUNELLEN THEATER \$**

The Dunellen Theater and Zupko’s Restaurant are holding a movie and lunch special on the third Monday of every month. Seniors will be able to take advantage of a showing of a first run movie and enjoy lunch for \$5.00. Lunch will be 2 slices of pizza, a beverage and a small popcorn. The movie will start at 10:00 AM in August. Lunch will be in Zupko’s Tavern next to the theater. The regular 12:00 noon start time will be resumed in September. We will have transportation for Middlesex residents. Please call for a ride.

WE HAVE

# SENIORITY

seniors@middlesexboro-nj.go

August, September, October 2015

732-356-0414

**OUR MISSION: TO PROMOTE INDEPENDENT LIVING**

Volume 14

Located in Recreation Center at 1400 Mountain Avenue

Issue 7/8/9

PLEASE NOTE: "\$" INDICATES THERE IS A COST FOR THE ACTIVITY

**Transportation to the center will be provided on Wednesdays at 9:00 AM**

## MEDICARE OPEN ENROLLMENT

Open enrollment for people who are currently on Medicare will begin on October 15 and end on December 7. During this period Medicare recipients may change their Part D plans, enroll in or change a Medicare supplement plan or switch to or from a Medicare Advantage plan. If your premium is going to change for your Part D you must be notified of the change by your plan before open enrollment begins. We may be able to help you find a cheaper plan. If you wish to change any part of your coverage or just have questions answered you must call and make an appointment. This is a very busy time.

## TAKE CHARGE OF YOUR DIABETES

Are you an adult 55 or over living with diabetes? If so the free program called "Everyone With Diabetes Counts" can help you lead a happier, healthier life. The evidenced based program will teach you skills to manage your illness. Led by Master Trainers the program will cover topics including diet and exercise, the importance of regular doctor visits, coping skills to deal with the temptations of the world and much more. Space is limited so sign up ASAP. A flyer with the dates is enclosed in this newsletter.

## MIDDLESEX COUNTY ANNUAL WALK

The Annual Middlesex County Senior Walk will take place on Wednesday, September 30th at Roosevelt Park in Edison. We provide transportation. Participants receive free tee shirts, a box lunch and access to health screening stations. There are free raffles for door prizes. There is entertainment throughout the day. The event starts at 10:00 AM and runs to about 1:30PM. Participants are encouraged to walk as much as they are can.

## \$ HALLOWEEN PARTY \$

Our Halloween Party will be Wednesday, October 28 at 11:30 AM in the Rec Center. Hosted by "Good Time Charlie". There will be music, games, contests and prizes. A box lunch will be served, your choice of ham, turkey or tuna. Costumes optional. Cost \$7.00.

## PLAYS IN THE PARK

The final show of the season is "Jesus Christ Superstar." We will go on Wednesday, Aug. 5th, rain date, Thursday, Aug. 6th. Admission is \$5. Dinner on your own. Leave center at 4:30. Bring lawn chair.

**DEPARTMENT OF SENIOR SERVICES**

The Department of Senior Services is open to all residents of the borough aged 60 and over and members of their families and caregivers.

If you want to volunteer to help with the assembly of the newsletter, please call us at 732-356-0414. Thank you.

**Senior Staff**

**Sheila Fuhrmann, Director**

**Sally Lynch, Admin. Asst.**

**Drivers**

**Tom Keane**

**Thomas Lynch**

**Laura Meixner**

**Bob Woodward**

**DONATION POLICY**

The Dept. of Senior Services is funded in part by Federal Older Americans Act money. Under this act we are required to have a donation policy for the use of our vehicles. We suggest a donation of fifty cents for a ride on the general transportation bus for errands and recreational trips. We suggest a donation of a dollar for a medical trip. No one will be denied transportation for not contributing.